

1.) AMBULATE A CLIENT WITH A WALKER USING A GAIT BELT

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub your hands together until they are completely dry.	
	Explain the procedure to the client.	
	Lock the bed brakes to ensure the client's safety.	
	Lower the bed so the client's feet are flat on the floor when sitting on the edge of it.	
	Bring the client to a sitting position.	
	Place the gait belt around the client's waist to stabilize the trunk.	
	Tighten the gait belt.	
	Check the gait belt by slipping fingers between the gait belt and the client.	
	Assist the client in putting on shoes.	
	Assist the client to stand.	
	Position the walker in front of the client.	
	Ensure the client has stabilized walker.	
	Position yourself behind and slightly to the side of the client.	
	Walk to the side a little behind the client.	
	Safely ambulate the client at least 10 steps to the wheelchair.	
	Lock the wheelchair brakes to ensure the client's safety.	
	Assist the client to sit in the wheelchair in a controlled manner that ensures safety.	
	Use correct body mechanics at all times.	
	Remove the gait belt.	
	Leave the client in a position of comfort and safety.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Place the client within easy reach of the call light or signaling device.	
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