

## Skills Checklist: Ambulation with a Walker using a Gait Belt

**Nursing Assistant's Name:**

**Reviewer Name:**

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out initial steps			
Feedback			
<b>Locks bed brakes and wheelchair brakes to ensure resident's safety</b>			
Feedback			
Bring the resident to sitting position			
Feedback			
Place gait belt around waist and tighten it			
Feedback			
Checks gait belt by slipping fingers between gait belt and resident			
Feedback			
Assists resident to put on non-skid slippers/shoes and ensures resident's feet are flat on the floor			
Feedback			
Position walker in front of resident and assists resident to stand while ensuring resident has stabilized walker			
Feedback			
Positions self behind and slightly to side of resident			
Feedback			
Ambulates resident at least 10 steps to the wheelchair			

Feedback			
Assists resident to turn and sit in wheelchair, using correct body mechanics			
Feedback			
Removes gait belt			
Feedback			
Carries out final steps			
Feedback			

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