

## Skills Checklist: Assisting Patient Who Can Self Feed

**Nursing Assistant's Name:**

**Reviewer Name:**

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Assemble equipment: –Bedpan/urinal –Disposable gloves –Basin of warm water –Towel –Soap –Washcloth –Oral hygiene items –Tray of food			
Feedback			
Offer the bedpan/urinal. Use standard precautions when assisting with elimination			
Feedback			
If permitted, elevate the head of the bed or assist the patient out of bed			
Feedback			
Provide a washcloth to wash the patient's hands and face			
Feedback			
Assist with oral hygiene or dentures			
Feedback			
Remove and discard personal protective equipment			
Feedback			
Clear the overbed table and position it in front of the patient. Remove			

unpleasant items			
Feedback			
Wash your hands. Obtain the meal tray from the food cart			
Feedback			
Check the diet against the dietary card or paper diet slip with the patient's identification band			
Feedback			
Place the tray on the overbed table and arrange food in a convenient manner			
Feedback			
Assist in food preparation as needed. Encourage the patient to do as much as possible			
Feedback			
Remove the tray as soon as the patient is finished			
Feedback			
Record fluids on the intake record, if necessary. Record food intake			
Feedback			
Push the overbed table out of the way			
Feedback			
Carry out last procedures			
Feedback			

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