

Skills Checklist: Assisting Patient to Dangle

Nursing Assistant's Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Lower side rails Lock bed			
Feedback			
Gradually elevate the head of the bed, ask if dizzy, if so, lay back down			
Feedback			
Place one arm around shoulders, other under knees			
Feedback			
Slowly turn patient toward you. Allow patient's legs to hang over the side of the bed, ask if dizzy			
Feedback			

Have patient dangle as long - If dizzy, lie down Report to nurse			
Feedback			
Place one arm around shoulders and other under knees. Swing patient's legs onto bed			

Feedback	
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