

Skills Checklist: Bed Bath

Nursing Assistant's Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Assemble equipment: – Disposable gloves – Bed linens – Bath blanket – Laundry bag or hamper – Bath basin – Bath thermometer – Soap and soap dish, or liquid soap – Washcloths – Face towels – Bath towels – Hospital gown/patient's nightclothes – Lotion – Equipment for oral hygiene: toothbrush, toothpaste, mouthwash, or items for denture care – Emery board, and orangewood stick (if needed) – Deodorant – Brush and comb – Bedpan and cover or urinal – Laundry hamper or plastic bag(s) for linen and disposables			
Feedback			
Close the windows and door to prevent chilling			
Feedback			
Close the privacy curtain			
Feedback			
Put clean towels and linens on a chair			

in the order of use. Place a laundry hamper or bag nearby			
Feedback			
Offer the bedpan or urinal. Apply gloves, and assist as needed. Change your gloves before continuing			
Feedback			
Lower the head of the bed and the side rails on the side where you are working			
Feedback			
Loosen the top bedclothes. Remove and fold the blanket and spread and place them over the back of the chair			
Feedback			
Place a bath blanket over the top sheet and remove the sheet by sliding it out from under the bath blanket. Place the sheet in the laundry hamper			
Feedback			
Leave one pillow under the patient's head. Place the other pillow on a chair			
Feedback			
Remove the patient's nightwear and place it in the laundry hamper			
Feedback			
Fill a bath basin two-thirds full with water that does not exceed 105°F. Use a bath thermometer, if available, to check the temperature			
Feedback			

POWERED BY
BRYAN UNIVERSITY



Assist the patient to move to the side of the bed nearest you			
Feedback			
Fold a face towel over the upper edge of the bath blanket to keep the blanket dry. Apply gloves, if needed			
Feedback			
Use a bath mitt or make a mitt by folding a washcloth around your hand a.Wet the washcloth b.Wash the patient's eyes, using separate corners of the cloth for each eye c.Wipe from inside to outside corner d.Do not use soap near the eyes. e.After you have washed the eyes, remove and discard gloves. f.Do not use soap on the face unless the patient requests it			
Feedback			
Rinse the washcloth and apply soap if the patient desires. Squeeze out excess water. Do not leave soap in the water			
Feedback			
Wash and rinse the patient's face, ears, and neck well. Pat dry with a face towel			
Feedback			
Expose the patient's far arm. Place a bath towel under the arm to protect the bed a.Wash, rinse, and pat the arm and hand dry b.Wash and dry the axilla (armpit) c.Repeat on the near arm			

POWERED BY
BRYAN UNIVERSITY



d.Apply deodorant			
Feedback			
Care for hands and nails as necessary. Check with the nurse first to see if there are any special instructions a.Place the patient’s hands in a basin of water. Wash, rinse, and dry each hand carefully. Push cuticle (base of fingernails) down gently with a towel while wiping the fingers. Be sure to dry between fingers b.Clean under the nails with an orangewood stick and/or shape the nails with an emery board, if needed. Be careful not to file nails too close. Do not cut nails if the person has diabetes. Inform the nurse if attention is needed			
Feedback			
Discard used bath water and refill the basin two-thirds full with water that does not exceed 105°F			
Feedback			
Put a bath towel over the patient’s chest. Fold the blanket to the waist Under the towel: a.Wash, rinse, and pat the chest dry b.Rinse and dry folds under the breasts of a female patient carefully			
Feedback			
Fold the bath blanket down to the pubic area (location of external genitalia). Wash, rinse, and pat the abdomen dry. Fold the bath blanket up to cover the abdomen and chest. Slide the towel out from under the bath blanket			

POWERED BY
BRYAN UNIVERSITY



Feedback			
<p>Ask the patient to flex the far knee, if possible. Fold the bath blanket up to expose the thigh, leg, and foot.</p> <p>Protect the bed with a bath towel</p> <p>a.Put the bath basin on the towel</p> <p>b.Place the patient’s foot in the basin</p> <p>c.Wash and rinse the leg and foot</p> <p>d.When moving the patient’s leg, support it properly</p>			
Feedback			
Lift the leg and move the basin to the other side of the bed. Dry the leg and foot. Dry well between toes			
Feedback			
Repeat for the other leg and foot. Remove the basin before drying the leg and foot			
Feedback			
<p>Care for toenails as necessary. Check with the nurse for any special instructions. Apply lotion to the feet of a patient who has dry skin. Do not apply lotion between the toes, as this keeps the area moist and promotes fungal growth.</p> <p>a.Do not attempt to cut the nails</p> <p>Inform the nurse if toenail care is required</p> <p>b.File nails straight across, if needed. Do not round edges</p> <p>c.Do not push back the cuticle, because it is easily injured and infected</p>			
Feedback			
Carry out Last Steps			

POWERED BY
BRYAN UNIVERSITY



Feedback

POWERED BY
BRYAN UNIVERSITY

