

Skills Checklist: Bed Shampoo

Nursing Assistant's Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Assemble equipment needed: <ul style="list-style-type: none"> ● Shampoo tray ● Shampoo ● Large empty basin ● Washcloths ● 3 bath towels ● Bath blanket ● Pitcher of water (that does not exceed 105°F) ● Safety pin ● 2 bed protectors ● Waterproof covering for pillow ● Large bucket to collect used water ● Hair dryer, if available (portable) ● Hairbrush and comb ● Small empty pitcher or cup ● Larger pitcher of water (that does not exceed 105°F)—use if additional water is needed 			
Feedback			
Place a barrier on the chair, Place a large empty basin on the chair under the drain of the shampoo tray			
Feedback			
Arrange on the bedside stand, within easy reach: <ul style="list-style-type: none"> ● Large pitcher of water (that does not exceed 105°F) ● Washcloth ● 2 bath towels ● Shampoo 			

<ul style="list-style-type: none"> • Small pitcher of water (that does not exceed 105°F) 			
Feedback			
Replace the top bedding with a bath blanket			
Feedback			
Ask the patient to move to the side of the bed nearest you. Assist as needed			
Feedback			
Replace the pillowcase with a waterproof covering			
Feedback			
Cover the head of the bed with a bed protector. Be sure it goes well under the patient's shoulders			
Feedback			
Loosen neck ties of the gown			
Feedback			
Place a towel under the patient's head and shoulders. Brush hair free of tangles			
Feedback			
Bring the towel down around the patient's neck and shoulders and pin it. Position the pillow under the shoulders so that the patient's head is tilted slightly backward			
Feedback			
Raise the bed to high horizontal position			
Feedback			

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Raise the patient's head and position the shampoo tray so that the drain is over the edge of the bed directly above the basin			
Feedback			
Give the patient a washcloth to cover the eyes			
Feedback			
Resident to check the temperature of the water in the basin			
Feedback			
Using the small pitcher, pour a small amount of water over the hair until it is thoroughly wet			
Feedback			
Apply a small amount of shampoo, working up a lather. Work from scalp to hair ends			
Feedback			
Massage the scalp with your fingertips. Do not use your fingernails			
Feedback			
Rinse thoroughly, pouring from hairline to hair tips. Direct the flow into the drain			
Feedback			
Repeat lathering and rinsing			
Feedback			
Lift the patient's head. Remove the tray and bed protector. Adjust the pillow and slip a dry bath towel underneath the head			

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Feedback			
Place the tray on the basin. Wrap hair in a towel. Dry face, neck, and ears as needed			
Feedback			
Dry hair with the towel or portable hair dryer			
Feedback			
Comb hair appropriately. Remove the protective pillow cover. Replace with a cloth cover			
Feedback			
Lower the bed to a comfortable working position			
Feedback			
Replace the bedding and remove the bath blanket			
Feedback			
Help the patient assume a comfortable position. Lower the bed to the lowest horizontal position. Leave the call bell within reach			
Feedback			
Allow the patient to rest undisturbed. The length of this procedure may tire the patient			
Feedback			
Empty the water from the collection basin			
Feedback			
Carries out final steps			

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Feedback

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