

5.) CATHETER CARE FOR A MALE CLIENT WITH HAND WASHING

(ONE OF THE POSSIBLE MANDATORY FIRST TASKS) [DEMONSTRATED ON A MANIKIN]

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub your hands together until they are completely dry.	
	Explain the procedure to the client.	
	Provide privacy - pull the curtain.	
	Fill a basin with comfortably warm water.	
	Put on gloves.	
	Lift the client's gown to expose the catheter area.	
	Physically checks that urine can flow unrestricted into the drainage bag.	
	Use soap and water to carefully wash around the penis where the catheter exits the body.	
	Hold the catheter where it exits the urethra with one hand.	
	While holding the catheter, clean at least 3-4 inches down the catheter tube.	
	Clean with stroke(s) only away from the urethra.	
	Use a clean portion of cloth for stroke(s).	
	Rinse using stroke(s) only away from the urethra.	
	Rinse using a clean portion of cloth for stroke(s).	
	Pat dry.	
	Do not allow the tube to be pulled at any time during the procedure.	
	Replace the top cover over the client.	
	Rinse the basin.	
	Return the basin to storage.	
	Leave the client in a position of safety and comfort.	
	Leave the call light or signaling device within easy reach of the client.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Wash hands- turn on the water.	
	Begin by thoroughly wetting hands.	
	Apply soap to hands.	
	Rub hands together for 20 seconds using friction with soap.	
	Wash all surfaces of your hands with soap.	
	Wash all surfaces of the wrists with soap.	-Continued on next page-

	Clean under fingernails with soap.	
	Using friction, rub interlaced fingers together while pointing downward with soap.	
	Rinse hands thoroughly under running water with fingers pointed downward.	
	Dry hands and wrists with a clean paper towel(s).	
	Turn off the faucet with a paper towel.	
	Discard paper towels in a trash container as used.	
	Do not re-contaminate hands at any time during the hand-washing procedure. (NOTE: These include touching the sides of the sink or faucet during the procedure, crumpling up the paper towel used to turn off the faucet with both hands before discarding, etc.)	