

## Skills Checklist: Changing Patient's Gown

**Nursing Assistant's Name:**

**Reviewer Name:**

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Assemble equipment: <ul style="list-style-type: none"> <li>- Disposable gloves</li> <li>- Bath blanket</li> <li>- Clean gown</li> <li>- Laundry bag or hamper</li> </ul>			
Feedback			
Place a bath blanket over the top sheet. Hold bath blanket with left hand, while pulling the sheet down under it with right hand. This prevents the patient from being exposed			
Feedback			
Loosen the gown from around the patient's neck			
Feedback			
Slip the gown down the arms			
Feedback			
Make sure the patient is covered by the bath blanket			
Feedback			
<b>For a patient wearing a regular gown (nonsnap)</b>			
Remove gown from arm without the IV and bring the gown across patient's chest to the other arm			
Feedback			

Place a clean gown over the patient's chest to avoid exposure			
Feedback			
Gather gown material in one hand so there is no pull or pressure on IV line, and slowly draw gown over tips of patient's fingers			
Feedback			
With your free hand, lift IV bag off the standard and slip gown over bag of fluid, removing gown from patient's body. <b>Always keep the bag of fluid above the level of the patient's arm</b>			
Feedback			
Take sleeve of a clean gown and slip it over bag of fluid, over tubing, and up patient's arm			
Feedback			
Replace bag of fluid on the IV standard			
Feedback			
Remove soiled gown and place it at end of bed. Finish putting clean gown on patient's other arm. Secure the neck ties			
Feedback			
Place the soiled gown in a laundry hamper			
Feedback			
Make sure IV is dripping at required rate and the tubing is not kinked or twisted			

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Feedback			
<b>If the patient has a weak or paralyzed arm</b>			
Feedback			
Untie gown and remove the back from underneath the patient			
Feedback			
Remove the gown from the stronger arm first			
Feedback			
Bring gown across the patient's chest and slide it down over the weak arm			
Feedback			
Gently lift patient's weak arm and pull the gown over the hand			
Feedback			
To put a clean gown on the person, reverse procedure by putting gown on the weaker arm first			
Feedback			
Pull sheet up over the bath blanket. Remove the bath blanket			
Feedback			
Carry out last steps			
Feedback			

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