

Checklist: Apply, Remove, Turn On and Off, Sequential Compression Devices

Apply, Remove, Turn On and Off, Sequential Compression Devices	Able to Perform	Unable to Perform
1. Carry out initial procedure actions: <ul style="list-style-type: none"> - Knock before entering. - Introduce yourself. - Identify the resident according to facility policy. - Explain the procedure. - Provide privacy. - Perform hand hygiene. 	<input type="checkbox"/>	<input type="checkbox"/>
2. Assemble equipment: <ul style="list-style-type: none"> - Sequential Compression Device (SCD) machine/pump - Correct size SCD sleeves. - Connecting tubing. - Disposable gloves if indicated. - Call light within reach. 	<input type="checkbox"/>	<input type="checkbox"/>
3. Verify the resident's care plan and physician order according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
4. Inspect equipment: <ul style="list-style-type: none"> - Ensure machine functions properly. - Check tubing for cracks or kinks. - Inspect sleeves for cleanliness or damage. 	<input type="checkbox"/>	<input type="checkbox"/>
5. Position resident comfortably in bed or chair: <ul style="list-style-type: none"> - Legs extended and supported. - Avoid pressure behind the knees. 	<input type="checkbox"/>	<input type="checkbox"/>
6. Assess legs and feet before application: <ul style="list-style-type: none"> - Skin condition - Redness - Swelling - Pain - Warmth - Open areas - Circulation concerns. - Report abnormalities to the nurse before applying SCDs. 	<input type="checkbox"/>	<input type="checkbox"/>
7. Measure or verify correct sleeve size according to manufacturer instructions and facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
8. Apply SCD sleeves to lower legs: <ul style="list-style-type: none"> - Wrap sleeves smoothly and evenly - Ensure proper alignment. - Avoid wrinkles or folds. - Do not apply too tightly. 	<input type="checkbox"/>	<input type="checkbox"/>
9. Secure closures according to manufacturer instructions.	<input type="checkbox"/>	<input type="checkbox"/>
10. Connect tubing from sleeves to SCD machine.	<input type="checkbox"/>	<input type="checkbox"/>
11. Ensure tubing is: <ul style="list-style-type: none"> - Free from kinks. - Not under resident. - Not creating a tripping hazard. 	<input type="checkbox"/>	<input type="checkbox"/>
12. Turn on the SCD machine according to manufacturer instructions.	<input type="checkbox"/>	<input type="checkbox"/>
13. Verify proper operation: <ul style="list-style-type: none"> - Observe inflation and deflation cycle. - Ensure sleeves inflate sequentially. - Confirm resident comfort. 	<input type="checkbox"/>	<input type="checkbox"/>

14. Assess resident for: <ul style="list-style-type: none"> - Pain - Numbness - Tingling - Skin irritation - Impaired circulation - Discomfort. 	<input type="checkbox"/>	<input type="checkbox"/>
15. Ensure call light and personal items are within reach.	<input type="checkbox"/>	<input type="checkbox"/>
16. Keep the bed in the lowest position and apply side rails according to the care plan and facility policy.	<input type="checkbox"/>	<input type="checkbox"/>