

Checklist: Assist with Hair Care

Assist with Hair Care	Able to Perform	Unable to Perform
1. Perform hand hygiene and identify the patient according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
2. Provide privacy by closing curtains or doors.	<input type="checkbox"/>	<input type="checkbox"/>
3. Assemble equipment: –Towel –Comb and brush	<input type="checkbox"/>	<input type="checkbox"/>
4. Ask the patient to move to the side of the bed nearest you; or sit in a chair if medically appropriate and safe. If the patient is sitting up, put a towel around their shoulders.	<input type="checkbox"/>	<input type="checkbox"/>
5. Cover the pillow with a towel	<input type="checkbox"/>	<input type="checkbox"/>
6. Part or section the hair and comb with one hand between the scalp and the ends of the hair.	<input type="checkbox"/>	<input type="checkbox"/>
7. Observe the scalp and hair for redness, lesions, parasites, tenderness, or abnormalities and report concerns according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
8. Brush carefully and thoroughly	<input type="checkbox"/>	<input type="checkbox"/>
9. Have the patient turn so that you can comb and brush the hair on the back of their head. If the hair is tangled, work section by section to remove the tangles, beginning near the ends and working toward the scalp.	<input type="checkbox"/>	<input type="checkbox"/>
10. Complete brushing and style the hair according to the patient's preference. Offer to braid long hair to prevent repeated tangling. Allow the patient to choose the style, if able.	<input type="checkbox"/>	<input type="checkbox"/>
11. Clean and disinfect equipment according to facility policy before storing.	<input type="checkbox"/>	<input type="checkbox"/>
12. Perform hand hygiene.	<input type="checkbox"/>	<input type="checkbox"/>