

## Checklist: Assist with the Use of a Fracture Pan/Bedpan

Assist with the Use of a Fracture Pan/Bedpan	Able to Perform	Unable to Perform
1. Carry out initial procedure actions: <ul style="list-style-type: none"> <li>– Knock before entering.</li> <li>– Introduce yourself.</li> <li>– Identify the resident according to facility policy.</li> <li>– Explain the procedure.</li> <li>– Provide privacy by closing the curtain or door.</li> <li>– Perform hand hygiene.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
2. Assemble equipment: <ul style="list-style-type: none"> <li>– Standard bedpan or fracture pan</li> <li>– Disposable gloves</li> <li>– Toilet tissue</li> <li>– Bath blanket</li> <li>– Waterproof pad if needed</li> <li>– Cleansing wipes/washcloths/towel</li> <li>– Bedside commode wipes or disinfectant if required</li> <li>– Hand hygiene supplies</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
3. Raise the bed to a comfortable working height using proper body mechanics.	<input type="checkbox"/>	<input type="checkbox"/>
4. Lower side rail on the working side if applicable.	<input type="checkbox"/>	<input type="checkbox"/>
5. Place the resident in proper position: <ul style="list-style-type: none"> <li>– Standard bedpan: assist resident to lift hips or turn to the side.</li> <li>– Fracture pan: position flatter side under buttocks with handle toward foot of bed.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
6. Protect linens with a waterproof pad if needed.	<input type="checkbox"/>	<input type="checkbox"/>
7. Assist resident onto the bedpan/fracture pan: <ul style="list-style-type: none"> <li>– Ask resident to bend their knees, if able.</li> <li>– Lift hips if able or assist by turning side to side.</li> <li>– Position pan securely and comfortably beneath buttocks.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
8. Lower the head of the bed slightly for fracture pan placement if tolerated, then raise head of bed afterward as appropriate for comfort and elimination.	<input type="checkbox"/>	<input type="checkbox"/>
9. Ensure resident is safely positioned: <ul style="list-style-type: none"> <li>– Resident centered on pan</li> <li>– No pinching of skin or linens</li> <li>– Resident is comfortable and stable.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
10. Raise side rail according to care plan and facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
11. Lower bed to lowest safe position if leaving resident unattended.	<input type="checkbox"/>	<input type="checkbox"/>
12. Place toilet tissue, call light, and signaling device within reach.	<input type="checkbox"/>	<input type="checkbox"/>
13. Provide privacy: <ul style="list-style-type: none"> <li>– Leave room if safe to do so.</li> <li>– Instruct resident to signal when finished.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
14. Return promptly when resident signals.	<input type="checkbox"/>	<input type="checkbox"/>
15. Perform hand hygiene and apply gloves.	<input type="checkbox"/>	<input type="checkbox"/>
16. Assist resident off the bedpan/fracture pan: <ul style="list-style-type: none"> <li>– Lower head of bed if needed.</li> <li>– Ask resident to lift hips or assist turning.</li> <li>– Remove the pan carefully to avoid spilling.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>

17. Cover bedpan/fracture pan and place on protected surface.	<input type="checkbox"/>	<input type="checkbox"/>
18. Assist with perineal care if needed: <ul style="list-style-type: none"> <li>- Cleanse front to back. Rinse.</li> <li>- Dry thoroughly.</li> <li>- Maintain resident dignity and privacy.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
19. Remove gloves and discard according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
20. Perform hand hygiene.	<input type="checkbox"/>	<input type="checkbox"/>
21. Measure output if ordered and observe contents for: <ul style="list-style-type: none"> <li>- Color</li> <li>- Odor</li> <li>- Consistency</li> <li>- Amount</li> <li>- Blood</li> <li>- Abnormalities.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
22. Empty contents into the toilet according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
23. Clean and disinfect bedpan/fracture pan according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
24. Remove gloves if worn and perform hand hygiene.	<input type="checkbox"/>	<input type="checkbox"/>
25. Reposition resident comfortably: <ul style="list-style-type: none"> <li>- Ensure resident is dry</li> <li>- Replace linens if needed</li> <li>- Position pillows appropriately.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
26. Place the bed in the lowest position.	<input type="checkbox"/>	<input type="checkbox"/>
27. Ensure call light and personal items are within reach.	<input type="checkbox"/>	<input type="checkbox"/>
28. Carry out ending procedure actions: <ul style="list-style-type: none"> <li>- Dispose of waste appropriately.</li> <li>- Document output if required.</li> <li>- Report abnormalities such as:  <ul style="list-style-type: none"> <li>- Blood in urine or stool</li> <li>- Diarrhea</li> <li>- Constipation</li> <li>- Pain</li> <li>- Inability to void</li> <li>- Unusual odor or color</li> </ul> </li> </ul> to the nurse promptly.	<input type="checkbox"/>	<input type="checkbox"/>