

## Checklist: Changing a Disposable Brief – Female Patient

Changing a Disposable Brief – Female Patient	Able to Perform	Unable to Perform
1. Perform hand hygiene before patient contact.	<input type="checkbox"/>	<input type="checkbox"/>
2. Gather supplies, including clean disposable brief, gloves, cleansing supplies, wipes or washcloths, towels, barrier cream, and a waterproof pad if needed.	<input type="checkbox"/>	<input type="checkbox"/>
3. Identify the patient using facility-approved identification procedures.	<input type="checkbox"/>	<input type="checkbox"/>
4. Explain the procedure and provide privacy by closing curtains or doors.	<input type="checkbox"/>	<input type="checkbox"/>
5. Raise the bed to a safe working height and lock bed wheels.	<input type="checkbox"/>	<input type="checkbox"/>
6. Apply gloves and other PPE according to standard precautions and facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
7. Position the patient on the back with knees bent if tolerated.	<input type="checkbox"/>	<input type="checkbox"/>
8. Place a waterproof pad under the patient if needed to protect linens.	<input type="checkbox"/>	<input type="checkbox"/>
9. Remove the soiled brief by unfastening tabs and folding the front portion downward.	<input type="checkbox"/>	<input type="checkbox"/>
10. Roll the patient gently onto the side using proper body mechanics.	<input type="checkbox"/>	<input type="checkbox"/>
11. Remove the soiled brief from beneath the patient while containing urine or fecal material inside the brief.	<input type="checkbox"/>	<input type="checkbox"/>
12. Cleanse the perineal area thoroughly according to female perineal care procedures, always wiping from front to back.	<input type="checkbox"/>	<input type="checkbox"/>
13. Inspect the skin for redness, irritation, breakdown, swelling, or abnormalities.	<input type="checkbox"/>	<input type="checkbox"/>
14. Dry the skin completely, especially in skin folds.	<input type="checkbox"/>	<input type="checkbox"/>
15. Apply barrier cream or skin protectant according to care plan or facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
16. Position the clean brief under the patient while the patient remains on the side.	<input type="checkbox"/>	<input type="checkbox"/>
17. Roll the patient back onto the back and center the brief appropriately.	<input type="checkbox"/>	<input type="checkbox"/>
18. Pull the front of the brief upward between the legs and secure the tabs snugly without causing discomfort. .	<input type="checkbox"/>	<input type="checkbox"/>
19. Ensure the brief fits properly and does not wrinkle or bunch against the skin.	<input type="checkbox"/>	<input type="checkbox"/>
20. Remove gloves and other PPE according to infection-control procedures.	<input type="checkbox"/>	<input type="checkbox"/>
21. Dispose of soiled brief and supplies according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
22. Ensure the patient is comfortable, dry, and properly positioned.	<input type="checkbox"/>	<input type="checkbox"/>
23. Lower the bed to the lowest safe position and ensure the call light is within reach.	<input type="checkbox"/>	<input type="checkbox"/>
24. Perform hand hygiene after completing the procedure.	<input type="checkbox"/>	<input type="checkbox"/>
25. Document brief change, skin condition, incontinence status, and any abnormalities according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>