

Checklist: Collect Nasal Swab Specimen

Collect Nasal Swab Specimen	Able to Perform	Unable to Perform
1. Carry out initial procedure actions: <ul style="list-style-type: none"> – Knock before entering. – Introduce yourself. – Identify the resident according to facility policy. – Explain the procedure. – Provide privacy. – Perform hand hygiene. 	<input type="checkbox"/>	<input type="checkbox"/>
2. Assemble equipment: <ul style="list-style-type: none"> – Nasal swab collection kit. – Specimen transport tube/container. – Biohazard transport bag. – Label and laboratory requisition if required. – Disposable gloves. – Mask/eye protection according to facility policy. – Tissues. – Hand hygiene supplies. 	<input type="checkbox"/>	<input type="checkbox"/>
3. Verify physician order or facility testing protocol according to policy.	<input type="checkbox"/>	<input type="checkbox"/>
4. Check specimen collection kit: <ul style="list-style-type: none"> – Correct swab type. – Expiration date. – Integrity of packaging. 	<input type="checkbox"/>	<input type="checkbox"/>
5. Label specimen container according to facility policy: <ul style="list-style-type: none"> – Resident full name – Date of birth or identifier. – Date and time of collection. – Other required information. 	<input type="checkbox"/>	<input type="checkbox"/>
6. Perform hand hygiene and apply required PPE: <ul style="list-style-type: none"> – Gloves – Mask – Eye protection if indicated by facility policy or isolation precautions. 	<input type="checkbox"/>	<input type="checkbox"/>
7. Position resident comfortably: <ul style="list-style-type: none"> – Sitting upright if possible – Head slightly tilted back. 	<input type="checkbox"/>	<input type="checkbox"/>
8. Ask resident to blow their nose gently if excessive mucus is present.	<input type="checkbox"/>	<input type="checkbox"/>
9. Open swab package carefully: <ul style="list-style-type: none"> – Avoid contaminating the swab tip. 	<input type="checkbox"/>	<input type="checkbox"/>
10. Insert swab gently into one nostril according to manufacturer instructions: <ul style="list-style-type: none"> – Usually parallel to palate/floor of nasal passage – Insert only recommended depth. 	<input type="checkbox"/>	<input type="checkbox"/>
11. Rotate swab gently against nasal wall according to manufacturer instructions: <ul style="list-style-type: none"> – Usually several rotations or several seconds of contact. 	<input type="checkbox"/>	<input type="checkbox"/>
12. Remove the swab carefully.	<input type="checkbox"/>	<input type="checkbox"/>
13. Repeat in the second nostril if required by test instructions using the same swab when appropriate.	<input type="checkbox"/>	<input type="checkbox"/>
14. Place the swab immediately into a specimen transport tube/container.	<input type="checkbox"/>	<input type="checkbox"/>
15. Secure cap tightly and handle specimen according to manufacturer instructions.	<input type="checkbox"/>	<input type="checkbox"/>

16. Place the specimen into a biohazard transport bag with requisition if required.	<input type="checkbox"/>	<input type="checkbox"/>
17. Remove gloves and PPE according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
18. Perform hand hygiene.	<input type="checkbox"/>	<input type="checkbox"/>
19. Ensure resident comfort: <ul style="list-style-type: none"> - Offer tissues if needed - Reposition comfortably - Ensure call light within reach. 	<input type="checkbox"/>	<input type="checkbox"/>
20. Carry out ending procedure actions: <ul style="list-style-type: none"> - Transport specimen promptly according to facility policy. - Document specimen collection if required. - Report resident distress, bleeding, inability to obtain specimen, or other concerns to the nurse promptly. 	<input type="checkbox"/>	<input type="checkbox"/>