

Checklist: Demonstrate Proper Positioning and Alignment in a Wheelchair

Demonstrate Proper Positioning and Alignment in a Wheelchair	Able to Perform	Unable to Perform
1. Perform hand hygiene before patient contact.	<input type="checkbox"/>	<input type="checkbox"/>
2. Identify the patient and explain the procedure.	<input type="checkbox"/>	<input type="checkbox"/>
3. Inspect the wheelchair for safety, including locked brakes, secure footrests, and functioning equipment.	<input type="checkbox"/>	<input type="checkbox"/>
4. Lock wheelchair brakes before transferring or repositioning the patient.	<input type="checkbox"/>	<input type="checkbox"/>
5. Position the wheelchair close to the bed or transfer surface at an appropriate angle.	<input type="checkbox"/>	<input type="checkbox"/>
6. Assist the patient into the wheelchair using approved transfer techniques and assistive devices if needed.	<input type="checkbox"/>	<input type="checkbox"/>
7. Ensure the patient's hips are positioned fully back in the wheelchair seat.	<input type="checkbox"/>	<input type="checkbox"/>
8. Align the head, neck, shoulders, spine, and hips in an upright position.	<input type="checkbox"/>	<input type="checkbox"/>
9. Support the patient's back against the wheelchair backrest.	<input type="checkbox"/>	<input type="checkbox"/>
10. Position both feet securely on the footrests with knees bent at approximately a 90-degree angle.	<input type="checkbox"/>	<input type="checkbox"/>
11. Ensure feet are not dangling or dragging on the floor.	<input type="checkbox"/>	<input type="checkbox"/>
12. Position arms comfortably on armrests or support devices as needed.	<input type="checkbox"/>	<input type="checkbox"/>
13. Apply seat belts, lap trays, or positioning devices only according to care plan or facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
14. Use pressure-relieving cushions if indicated to reduce the risk of skin breakdown.	<input type="checkbox"/>	<input type="checkbox"/>
15. Check that clothing, tubing, or blankets are not caught in the wheelchair wheels.	<input type="checkbox"/>	<input type="checkbox"/>
16. Assess the patient for comfort, posture, circulation, and pressure areas.	<input type="checkbox"/>	<input type="checkbox"/>
17. Ensure the patient can safely reach personal items and call light if applicable.	<input type="checkbox"/>	<input type="checkbox"/>
18. Unlock footrests and brakes only when preparing to move the wheelchair.	<input type="checkbox"/>	<input type="checkbox"/>
19. Perform hand hygiene after completing the procedure.	<input type="checkbox"/>	<input type="checkbox"/>
20. Document positioning assistance, devices used, and patient tolerance according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>