

Checklist: Give a Bed Bath

Give a Bed Bath	Able to Perform	Unable to Perform
1. Carry out initial procedure actions: <ul style="list-style-type: none"> – Knock before entering. – Introduce yourself. – Identify the resident according to facility policy. – Explain the procedure. – Provide privacy by closing the curtain/door. – Perform hand hygiene. 	<input type="checkbox"/>	<input type="checkbox"/>
2. Assemble equipment: <ul style="list-style-type: none"> – Bath basin – Warm water – Soap or cleanser – Bath blanket – Washcloths – Towels – Clean gown or clothing – Gloves – Lotion/deodorant if allowed – Linen hamper or laundry bag – Waterproof pad if needed 	<input type="checkbox"/>	<input type="checkbox"/>
3. Raise the bed to a comfortable working height and lock bed wheels if applicable.	<input type="checkbox"/>	<input type="checkbox"/>
4. Ensure the room is warm and free from drafts.	<input type="checkbox"/>	<input type="checkbox"/>
5. Place a bath blanket over the resident and remove top linens while maintaining privacy.	<input type="checkbox"/>	<input type="checkbox"/>
6. Remove the resident's gown while keeping the resident covered with a bath blanket.	<input type="checkbox"/>	<input type="checkbox"/>
7. Fill the basin with warm water and check water temperature with the inner wrist or according to facility policy. Allow resident to check water temperature if possible.	<input type="checkbox"/>	<input type="checkbox"/>
8. Put on gloves if there is risk of contact with body fluids or during perineal care.	<input type="checkbox"/>	<input type="checkbox"/>
9. Wash the face first: <ul style="list-style-type: none"> – Use plain water unless otherwise directed. – Wash eyes from inner corner to outer corner using a separate area of washcloth for each eye. – Wash face, ears, and neck. – Dry thoroughly. 	<input type="checkbox"/>	<input type="checkbox"/>
10. Wash one arm and hand: <ul style="list-style-type: none"> – Place a towel under one arm. – Wash from shoulder to hand. – Rinse and dry thoroughly. – Repeat on the opposite arm. 	<input type="checkbox"/>	<input type="checkbox"/>
11. Wash chest and abdomen: <ul style="list-style-type: none"> – Keep resident covered as much as possible. – Wash, rinse, and dry thoroughly. – Observe skin condition. 	<input type="checkbox"/>	<input type="checkbox"/>
12. Wash one leg and foot: <ul style="list-style-type: none"> – Place a towel under the leg. – Wash from thigh to foot. – Rinse and dry thoroughly, especially between toes. – Repeat on the opposite leg. 	<input type="checkbox"/>	<input type="checkbox"/>
13. Change bath water if: <ul style="list-style-type: none"> – Water becomes cool 	<input type="checkbox"/>	<input type="checkbox"/>

<ul style="list-style-type: none"> - Water becomes soapy - Water becomes visibly soiled - Before perineal care. 		
14. Assist resident to side-lying position using proper body mechanics.	<input type="checkbox"/>	<input type="checkbox"/>
15. Wash back and buttocks: <ul style="list-style-type: none"> - Wash, rinse, and dry thoroughly. - Observe redness, pressure areas, bruising, or skin breakdown. - Apply lotion if allowed and requested. 	<input type="checkbox"/>	<input type="checkbox"/>
16. Perform perineal care last: <ul style="list-style-type: none"> - Use clean water and clean washcloth. - Wear gloves. - Wash front to back. - Rinse and dry thoroughly. - Change gloves and washcloths as needed. 	<input type="checkbox"/>	<input type="checkbox"/>
17. Remove gloves and discard according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
18. Assist resident into clean gown or clothing.	<input type="checkbox"/>	<input type="checkbox"/>
19. Make resident comfortable: <ul style="list-style-type: none"> - Replace linens - Position pillows properly - Ensure resident is dry and covered. 	<input type="checkbox"/>	<input type="checkbox"/>
20. Lower bed to lowest position.	<input type="checkbox"/>	<input type="checkbox"/>
21. Raise side rails according to care plan and facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
22. Place call light and personal items within reach.	<input type="checkbox"/>	<input type="checkbox"/>
23. Empty basin, clean equipment, and place soiled linens in appropriate hamper: <ul style="list-style-type: none"> - Do not shake linens. - Do not place linens on the floor. 	<input type="checkbox"/>	<input type="checkbox"/>
24. Perform final hand hygiene.	<input type="checkbox"/>	<input type="checkbox"/>
25. Carry out ending procedure actions: <ul style="list-style-type: none"> - Ensure resident comfort and safety. - Document bath if required by facility policy. - Report abnormal findings such as: <ul style="list-style-type: none"> - Redness - Skin breakdown - Bruising - Rashes - Pain - Unusual odors - Drainage - Open areas - to the nurse promptly. 	<input type="checkbox"/>	<input type="checkbox"/>