

Checklist: Measure and Record Weight of Patient in Bed

Measure and Record Weight of Patient in Bed	Able to Perform	Unable to Perform
1. Carry out initial procedure actions according to facility policy, including hand hygiene, patient identification, explanation of the procedure, privacy, and patient safety.	<input type="checkbox"/>	<input type="checkbox"/>
2. Obtain assistance from a co-worker according to safe patient handling guidelines.	<input type="checkbox"/>	<input type="checkbox"/>
3. Assemble equipment including overbed sling scale, clean sheet, tape measure, documentation materials, and required personal protective equipment (PPE).	<input type="checkbox"/>	<input type="checkbox"/>
4. Inspect the scale sling, lift equipment, chains, and straps for frayed areas, damage, or improper closures before use.	<input type="checkbox"/>	<input type="checkbox"/>
5. Lower the side rail on the working side of the bed while ensuring the opposite side rail remains raised for patient safety.	<input type="checkbox"/>	<input type="checkbox"/>
6. Fan-fold the top linens toward the foot of the bed while maintaining patient dignity and warmth.	<input type="checkbox"/>	<input type="checkbox"/>
7. Position the patient flat on the back with arms and legs straight and body aligned properly. Ensure the sheet under the patient is wrinkle-free.	<input type="checkbox"/>	<input type="checkbox"/>
8. Make a temporary mark at the top of the patient's head on the sheet according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
9. Make a second temporary mark even with the patient's heels.	<input type="checkbox"/>	<input type="checkbox"/>
10. Roll the patient safely to the side using proper body mechanics and measure the distance between the two marks with a tape measure.	<input type="checkbox"/>	<input type="checkbox"/>
11. Record the patient's height accurately in feet and inches or centimeters according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
12. Cover the canvas sling with a clean sheet and balance the scale according to manufacturer instructions.	<input type="checkbox"/>	<input type="checkbox"/>
13. Position the sheet-covered sling safely under the patient using approved transfer and repositioning techniques. Secure all sling attachments properly.	<input type="checkbox"/>	<input type="checkbox"/>
14. Position the lift frame over the bed with base legs fully opened and locked according to safety guidelines.	<input type="checkbox"/>	<input type="checkbox"/>
15. Elevate the head of the bed and assist the patient into a sitting position as tolerated.	<input type="checkbox"/>	<input type="checkbox"/>
16. Attach the suspension straps securely to the lift frame and position the patient's arms safely inside the straps.	<input type="checkbox"/>	<input type="checkbox"/>
17. Slowly raise the sling until the patient is fully supported off the bed while reassuring and monitoring the patient.	<input type="checkbox"/>	<input type="checkbox"/>
18. Guide the lift carefully away from the bed so that no part of the patient touches the bed or nearby equipment.	<input type="checkbox"/>	<input type="checkbox"/>
19. Obtain the patient's weight accurately and document the measurement immediately according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
20. Reposition the sling carefully over the center of the bed before lowering the patient.	<input type="checkbox"/>	<input type="checkbox"/>
21. Lower the patient slowly and safely back onto the bed while maintaining alignment and comfort.	<input type="checkbox"/>	<input type="checkbox"/>
22. Remove the sling by reversing the sling placement process while maintaining patient safety.	<input type="checkbox"/>	<input type="checkbox"/>
23. Assist the patient into a comfortable and safe position with proper alignment and support devices as needed.	<input type="checkbox"/>	<input type="checkbox"/>

24.	Move the overbed scale and lift equipment safely out of the care area and store properly.	<input type="checkbox"/>	<input type="checkbox"/>
25.	Replace the top bed linens, raise appropriate side rails, lower the bed to the lowest safe position, and ensure the call light and personal items are within reach.	<input type="checkbox"/>	<input type="checkbox"/>
26.	Carry out ending procedure actions including cleaning and disinfecting equipment, removing PPE if used, performing hand hygiene, documenting the procedure, and reporting abnormal findings according to Oregon standards and facility policy.	<input type="checkbox"/>	<input type="checkbox"/>