

Checklist: Measuring and Recording Elimination Output (Bedpan or Urinal)

Measuring and Recording Elimination Output (Bedpan or Urinal)	Able to Perform	Unable to Perform
1. Perform hand hygiene before patient contact.	<input type="checkbox"/>	<input type="checkbox"/>
2. Review the patient's care plan and provider orders related to intake and output monitoring.	<input type="checkbox"/>	<input type="checkbox"/>
3. Gather necessary supplies, including gloves, measuring container with milliliter (mL) markings, graduated cylinder if needed, wipes, and documentation tools.	<input type="checkbox"/>	<input type="checkbox"/>
4. Identify the patient using facility-approved identification procedures.	<input type="checkbox"/>	<input type="checkbox"/>
5. Explain the procedure to the patient and provide privacy.	<input type="checkbox"/>	<input type="checkbox"/>
6. Apply gloves and other PPE according to standard precautions and facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
7. Assist the patient with use of the bedpan or urinal as needed while maintaining safety and dignity.	<input type="checkbox"/>	<input type="checkbox"/>
8. Ensure the bedpan or urinal remains free from contamination with toilet paper, wipes, or other materials whenever possible.	<input type="checkbox"/>	<input type="checkbox"/>
9. After elimination, carefully remove the bedpan or urinal to prevent spills.	<input type="checkbox"/>	<input type="checkbox"/>
10. Observe the urine or stool for color, odor, clarity, consistency, amount, or abnormalities such as blood, mucus, or unusual appearance.	<input type="checkbox"/>	<input type="checkbox"/>
11. Report abnormal findings promptly to the supervising nurse according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
12. Place the contents into a graduated measuring container if the bedpan or urinal is not already calibrated.	<input type="checkbox"/>	<input type="checkbox"/>
13. Position the measuring container on a flat surface at eye level to obtain an accurate reading.	<input type="checkbox"/>	<input type="checkbox"/>
14. Measure the amount of urine or liquid output in milliliters (mL).	<input type="checkbox"/>	<input type="checkbox"/>
15. Record the amount immediately to ensure accuracy.	<input type="checkbox"/>	<input type="checkbox"/>
16. Dispose of urine or stool according to facility infection-control procedures.	<input type="checkbox"/>	<input type="checkbox"/>
17. Clean and disinfect reusable equipment according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
18. Remove gloves and other PPE according to infection-control procedures.	<input type="checkbox"/>	<input type="checkbox"/>
19. Perform hand hygiene after completing the procedure.	<input type="checkbox"/>	<input type="checkbox"/>
20. Document the output amount, type of elimination, characteristics observed, and patient tolerance according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
21. Report unusually low output, excessive output, changes in elimination patterns, pain, or abnormal findings to the supervising nurse promptly.	<input type="checkbox"/>	<input type="checkbox"/>