

Checklist: Provide Catheter Care

Provide Catheter Care	Able to Perform	Unable to Perform
1. Carry out initial procedure actions according to facility policy, including hand hygiene, patient identification, explanation of the procedure, privacy, and patient safety.	<input type="checkbox"/>	<input type="checkbox"/>
2. Review the patient's care plan and observe for catheter-related precautions or infection concerns before beginning care.	<input type="checkbox"/>	<input type="checkbox"/>
3. Gather necessary supplies including gloves, washcloths, towels, mild soap or approved cleansing solution, warm water, waterproof pad, and PPE if indicated.	<input type="checkbox"/>	<input type="checkbox"/>
4. Provide privacy by closing doors, curtains, or privacy screens.	<input type="checkbox"/>	<input type="checkbox"/>
5. Position the patient comfortably in the supine position with legs separated as tolerated while maintaining dignity and proper body alignment.	<input type="checkbox"/>	<input type="checkbox"/>
6. Place a waterproof pad under the patient to protect linens and maintain a clean environment.	<input type="checkbox"/>	<input type="checkbox"/>
7. Perform hand hygiene and apply clean gloves before providing catheter care.	<input type="checkbox"/>	<input type="checkbox"/>
8. Inspect the catheter tubing for kinks, obstruction, tension, leakage, or improper positioning.	<input type="checkbox"/>	<input type="checkbox"/>
9. Check that the drainage bag is positioned below bladder level and not touching the floor.	<input type="checkbox"/>	<input type="checkbox"/>
10. Observe the urine for color, odor, clarity, sediment, or abnormal findings and report concerns according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
11. Clean the catheter tubing from the insertion site outward using a clean washcloth and approved cleansing solution.	<input type="checkbox"/>	<input type="checkbox"/>
12. Use gentle strokes away from the urinary meatus to reduce risk of infection and avoid pulling or tugging on the catheter.	<input type="checkbox"/>	<input type="checkbox"/>
13. For female patients, separate the labia and cleanse from front to back around the catheter insertion site.	<input type="checkbox"/>	<input type="checkbox"/>
14. For male patients, retract the foreskin if uncircumcised, cleanse around the urinary meatus and catheter, and return the foreskin to its normal position after care.	<input type="checkbox"/>	<input type="checkbox"/>
15. Rinse thoroughly if soap is used and pat dry with a clean towel to reduce moisture and skin irritation.	<input type="checkbox"/>	<input type="checkbox"/>
16. Secure the catheter tubing according to facility policy to prevent pulling, trauma, or pressure injury.	<input type="checkbox"/>	<input type="checkbox"/>
17. Ensure drainage tubing is free of dependent loops and urine flows freely into the collection bag.	<input type="checkbox"/>	<input type="checkbox"/>
18. Provide perineal skin care and assess for redness, irritation, swelling, drainage, odor, or signs of infection.	<input type="checkbox"/>	<input type="checkbox"/>
19. Remove gloves and dispose of supplies according to infection prevention and OSHA guidelines.	<input type="checkbox"/>	<input type="checkbox"/>
20. Perform hand hygiene after completing the procedure.	<input type="checkbox"/>	<input type="checkbox"/>
21. Ensure the patient is comfortable with the bed in the lowest safe position, side rails positioned appropriately, and call light within reach.	<input type="checkbox"/>	<input type="checkbox"/>
22. Clean and store reusable equipment according to facility infection control policy.	<input type="checkbox"/>	<input type="checkbox"/>
23. Report abnormal findings including pain, bleeding, leakage, cloudy urine, fever, skin breakdown, or signs of infection to the supervising nurse promptly.	<input type="checkbox"/>	<input type="checkbox"/>
24. Document catheter care provided, observations, patient tolerance, urine characteristics, and any abnormal findings according to Oregon standards and facility policy.	<input type="checkbox"/>	<input type="checkbox"/>

