

Checklist: Providing Perineal/Incontinence Care for a Male Patient

Providing Perineal/Incontinence Care for a Male Patient	Able to Perform	Unable to Perform
1. Perform hand hygiene before patient contact.	<input type="checkbox"/>	<input type="checkbox"/>
2. Gather supplies, including gloves, disposable wipes or washcloths, soap, warm water, towels, protective barrier products, clean linens, and incontinence products if needed.	<input type="checkbox"/>	<input type="checkbox"/>
3. Identify the patient using facility-approved identification procedures.	<input type="checkbox"/>	<input type="checkbox"/>
4. Explain the procedure and provide privacy by closing curtains or doors.	<input type="checkbox"/>	<input type="checkbox"/>
5. Raise the bed to a safe working height and lock bed wheels.	<input type="checkbox"/>	<input type="checkbox"/>
6. Apply appropriate PPE according to standard precautions and facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
7. Position the patient comfortably on the back with knees bent and legs separated if tolerated.	<input type="checkbox"/>	<input type="checkbox"/>
8. Place a waterproof pad under the patient to protect linens.	<input type="checkbox"/>	<input type="checkbox"/>
9. Remove soiled incontinence products carefully and dispose of them in the appropriate receptacle.	<input type="checkbox"/>	<input type="checkbox"/>
10. Observe the skin for redness, irritation, breakdown, swelling, drainage, or other abnormalities.	<input type="checkbox"/>	<input type="checkbox"/>
11. Clean the genital area using warm water and mild soap or approved cleansing wipes.	<input type="checkbox"/>	<input type="checkbox"/>
12. Retract the foreskin gently if the patient is uncircumcised. Never force retraction.	<input type="checkbox"/>	<input type="checkbox"/>
13. Clean the tip of the penis first using circular motions from the urethral opening outward. Use a clean area of the cloth for each stroke.	<input type="checkbox"/>	<input type="checkbox"/>
14. Wash the shaft of the penis from top to base.	<input type="checkbox"/>	<input type="checkbox"/>
15. Clean the scrotum thoroughly, including skin folds.	<input type="checkbox"/>	<input type="checkbox"/>
16. Turn the patient to the side if necessary and cleanse the groin, buttocks, and perineal area from front to back.	<input type="checkbox"/>	<input type="checkbox"/>
17. Remove all soap residue and cleanse away urine or fecal material completely.	<input type="checkbox"/>	<input type="checkbox"/>
18. Pat the skin dry thoroughly, especially between folds, to prevent moisture-related skin breakdown.	<input type="checkbox"/>	<input type="checkbox"/>
19. Return the foreskin to its natural position after cleaning if applicable.	<input type="checkbox"/>	<input type="checkbox"/>
20. Apply moisture barrier cream or skin protectant according to care plan or facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
21. Apply a clean brief, pad, or incontinence product if needed.	<input type="checkbox"/>	<input type="checkbox"/>
22. Remove gloves and other PPE according to infection-control procedures.	<input type="checkbox"/>	<input type="checkbox"/>
23. Ensure the patient is comfortable and repositioned appropriately with linens dry and wrinkle-free.	<input type="checkbox"/>	<input type="checkbox"/>
24. Lower the bed to the lowest safe position and ensure the call light is within reach.	<input type="checkbox"/>	<input type="checkbox"/>
25. Dispose of soiled linens and waste according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
26. Perform hand hygiene after completing the procedure.	<input type="checkbox"/>	<input type="checkbox"/>
27. Document the care provided, skin condition, incontinence status, abnormalities observed, and patient tolerance according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>