

Checklist: Put on and Remove PPE - Gloves

Put on PPE - Gloves	Able to Perform	Unable to Perform
1. Perform hand hygiene using soap and water or an alcohol-based hand sanitizer before touching gloves.	<input type="checkbox"/>	<input type="checkbox"/>
2. Inspect gloves for tears, holes, discoloration, or defects. Do not use damaged gloves.	<input type="checkbox"/>	<input type="checkbox"/>
3. Select the correct glove type and size based on the task and exposure risk.	<input type="checkbox"/>	<input type="checkbox"/>
4. Remove jewelry or items that may tear the gloves.	<input type="checkbox"/>	<input type="checkbox"/>
5. Grasp the first glove at the cuff opening and insert one hand without touching the outside surface unnecessarily.	<input type="checkbox"/>	<input type="checkbox"/>
6. Pull the glove over the wrist until it fits securely.	<input type="checkbox"/>	<input type="checkbox"/>
7. Using the gloved hand, slide fingers under the cuff of the second glove.	<input type="checkbox"/>	<input type="checkbox"/>
8. Insert the remaining hand into the second glove and pull it over the wrist.	<input type="checkbox"/>	<input type="checkbox"/>
9. Adjust gloves as needed to ensure full coverage of the hands and wrists. If wearing a gown, extend gloves over the gown cuffs.	<input type="checkbox"/>	<input type="checkbox"/>
10. Avoid touching non-clean surfaces once gloves are on.	<input type="checkbox"/>	<input type="checkbox"/>
11. Replace gloves immediately if they become torn, contaminated, or compromised during use.	<input type="checkbox"/>	<input type="checkbox"/>

Remove PPE - Gloves	Able to Perform	Unable to Perform
1. Grasp the outside of one glove near the wrist without touching bare skin.	<input type="checkbox"/>	<input type="checkbox"/>
2. Peel the glove away from the hand, turning it inside out as it is removed.	<input type="checkbox"/>	<input type="checkbox"/>
3. Hold the removed glove in the still-gloved hand.	<input type="checkbox"/>	<input type="checkbox"/>
4. Slide fingers of the ungloved hand under the wrist of the remaining glove.	<input type="checkbox"/>	<input type="checkbox"/>
5. Peel the second glove off from the inside, turning it inside out and enclosing the first glove inside.	<input type="checkbox"/>	<input type="checkbox"/>
6. Discard gloves immediately into the appropriate waste container.	<input type="checkbox"/>	<input type="checkbox"/>
7. Avoid touching contaminated surfaces or personal items after glove removal.	<input type="checkbox"/>	<input type="checkbox"/>
8. Perform hand hygiene immediately after removing gloves.	<input type="checkbox"/>	<input type="checkbox"/>