

## Checklist: Put on and Remove PPE - Gown

| <b>Put on PPE - Gown</b>  | <b>Able to Perform</b>   | <b>Unable to Perform</b> |
|---|--------------------------|--------------------------|
| 1. Perform hand hygiene using soap and water or an alcohol-based hand sanitizer before handling the gown.                                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Select the appropriate gown type and size based on the anticipated exposure and required level of protection.                                | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Inspect the gown for tears, holes, moisture, or other damage. Do not use a defective gown.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Pick up the gown by the inside neckline or shoulders, allowing it to unfold without touching the floor.                                      | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Insert arms into the sleeves one at a time.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Pull the gown completely over the shoulders and around the torso to ensure full coverage from neck to knees and arms to wrists.              | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Fasten the gown securely at the neck.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Secure the waist ties or belt so the gown fits snugly without restricting movement.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Ensure the gown fully covers clothing and exposed skin areas.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. If additional PPE is required, don mask or respirator, eye protection, and gloves after the gown. Gloves should extend over the gown cuffs. | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Replace the gown immediately if it becomes torn, heavily soiled, or contaminated.   | <input type="checkbox"/> | <input type="checkbox"/> |

| <b>Remove PPE - Gown</b>   | <b>Able to Perform</b>   | <b>Unable to Perform</b> |
|--|--------------------------|--------------------------|
| 1. Perform hand hygiene if visibly contaminated before beginning gown removal.                   | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Untie or break the waist ties without touching the outside of the gown.                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Untie or break the neck ties carefully.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Grasp the gown at the shoulders or inside surface only.                                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Pull the gown away from the body, turning the contaminated outside inward.                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Remove arms from the sleeves one at a time while rolling the gown inside out.                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Continue rolling or folding the gown into a compact bundle with the contaminated side inward. | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Discard the gown immediately into the appropriate waste container.                            | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Avoid allowing the gown to touch clothing, skin, or the floor during removal.                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Perform hand hygiene immediately after gown removal.   | <input type="checkbox"/> | <input type="checkbox"/> |