

Checklist: Put on and Remove PPE - Mask

Put on PPE - Mask	Able to Perform	Unable to Perform
1. Perform hand hygiene using soap and water or an alcohol-based hand sanitizer before handling the mask.	<input type="checkbox"/>	<input type="checkbox"/>
2. Select the appropriate mask type based on the required level of protection and facility guidelines.	<input type="checkbox"/>	<input type="checkbox"/>
3. Inspect the mask for tears, moisture, broken straps, or other damage. Do not use a defective mask.	<input type="checkbox"/>	<input type="checkbox"/>
4. Identify the top edge of the mask, which typically contains the flexible nose piece.	<input type="checkbox"/>	<input type="checkbox"/>
5. Position the mask over the nose, mouth, and chin.	<input type="checkbox"/>	<input type="checkbox"/>
6. Secure the mask using the ear loops, ties, or elastic bands according to the mask design.	<input type="checkbox"/>	<input type="checkbox"/>
7. Mold the nose piece firmly against the bridge of the nose to create a secure fit.	<input type="checkbox"/>	<input type="checkbox"/>
8. Pull the mask fully under the chin to ensure complete coverage of the nose and mouth.	<input type="checkbox"/>	<input type="checkbox"/>
9. Check that the mask fits snugly against the sides of the face without gaps.	<input type="checkbox"/>	<input type="checkbox"/>
10. Avoid touching the front of the mask while wearing it. If adjustment is needed, perform hand hygiene before and after touching the mask.	<input type="checkbox"/>	<input type="checkbox"/>
11. Replace the mask immediately if it becomes wet, damaged, contaminated, or difficult to breathe through.	<input type="checkbox"/>	<input type="checkbox"/>

Remove PPE - Mask	Able to Perform	Unable to Perform
1. Perform hand hygiene if hands are visibly contaminated before touching the mask straps or ties.	<input type="checkbox"/>	<input type="checkbox"/>
2. Avoid touching the front of the mask, as it is considered contaminated.	<input type="checkbox"/>	<input type="checkbox"/>
3. Remove the mask by handling only the ear loops, ties, or elastic bands.	<input type="checkbox"/>	<input type="checkbox"/>
4. If wearing a tie-on mask, untie the bottom tie first, then the top tie.	<input type="checkbox"/>	<input type="checkbox"/>
5. Pull the mask away from the face without touching the front surface.	<input type="checkbox"/>	<input type="checkbox"/>
6. Discard the mask immediately into the appropriate waste container unless it is designated for approved reuse.	<input type="checkbox"/>	<input type="checkbox"/>
7. Do not place the used mask on surfaces, around the neck, or in pockets.	<input type="checkbox"/>	<input type="checkbox"/>
8. Pull the mask fully under the chin to ensure complete coverage of the nose and mouth.	<input type="checkbox"/>	<input type="checkbox"/>
9. Perform hand hygiene immediately after removing the mask.	<input type="checkbox"/>	<input type="checkbox"/>