

Checklist: Shampoo Hair

Shampoo Hair	Able to Perform	Unable to Perform
1. Perform hand hygiene and identify the patient according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
2. Provide privacy by closing curtains or doors before beginning care.	<input type="checkbox"/>	<input type="checkbox"/>
3. Assemble equipment needed: <ul style="list-style-type: none"> ● Shampoo tray ● Shampoo ● Large empty basin ● Washcloths ● 3 bath towels ● Bath blanket ● Pitcher of water (that does not exceed 105°F) ● Safety pin ● 2 bed protectors ● Waterproof covering for pillow ● Large bucket to collect used water ● Hair dryer, if available (portable) ● Hairbrush and comb ● Small empty pitcher or cup ● Larger pitcher of water (that does not exceed 105°F)—use if additional water is needed 	<input type="checkbox"/>	<input type="checkbox"/>
4. Place a barrier on the chair, Place a large empty basin on the chair under the drain of the shampoo tray.	<input type="checkbox"/>	<input type="checkbox"/>
5. Arrange on the bedside stand, within easy reach: <ul style="list-style-type: none"> ● Large pitcher of water (that does not exceed 105°F) ● Washcloth ● 2 bath towels ● Shampoo ● Small pitcher of water (that does not exceed 105°F) 	<input type="checkbox"/>	<input type="checkbox"/>
6. Replace the top bedding with a bath blanket.	<input type="checkbox"/>	<input type="checkbox"/>
7. Ask the patient to move to the side of the bed nearest you. Assist as needed.	<input type="checkbox"/>	<input type="checkbox"/>
8. Replace the pillowcase with a waterproof covering.	<input type="checkbox"/>	<input type="checkbox"/>
9. Cover the head of the bed with a bed protector. Be sure it goes well under the patient's shoulders.	<input type="checkbox"/>	<input type="checkbox"/>
10. Loosen neck ties of the gown.	<input type="checkbox"/>	<input type="checkbox"/>
11. Place a towel under the patient's head and shoulders. Brush hair free of tangles.	<input type="checkbox"/>	<input type="checkbox"/>
12. Observe the scalp and hair for redness, sores, irritation, parasites, tenderness, or abnormalities and report concerns according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
13. Assess for neck pain, limited mobility, or contraindications to neck extension before positioning. Bring the towel down around the patient's neck and shoulders and pin it. Position the pillow under the shoulders so that the patient's head is tilted slightly backward.	<input type="checkbox"/>	<input type="checkbox"/>
14. Raise the bed to a comfortable working height..	<input type="checkbox"/>	<input type="checkbox"/>
15. Raise the patient's head and position the shampoo tray so that the drain is over the edge of the bed directly above the basin.	<input type="checkbox"/>	<input type="checkbox"/>
16. Give the patient a washcloth to cover the eyes.	<input type="checkbox"/>	<input type="checkbox"/>
17. Resident to check the temperature of the water in the basin.	<input type="checkbox"/>	<input type="checkbox"/>

18. Using the small pitcher, pour a small amount of water over the hair until it is thoroughly wet.	<input type="checkbox"/>	<input type="checkbox"/>
19. Apply a small amount of shampoo, working up a lather. Work from scalp to hair ends.	<input type="checkbox"/>	<input type="checkbox"/>
20. Massage the scalp with your fingertips. Do not use your fingernails.	<input type="checkbox"/>	<input type="checkbox"/>
21. Rinse thoroughly, pouring from hairline to hair tips. Direct the flow into the drain.	<input type="checkbox"/>	<input type="checkbox"/>
22. Repeat lathering and rinsing.	<input type="checkbox"/>	<input type="checkbox"/>
23. Lift the patient's head. Remove the tray and bed protector. Adjust the pillow and slip a dry bath towel underneath the head.	<input type="checkbox"/>	<input type="checkbox"/>
24. Place the tray on the basin. Wrap hair in a towel. Dry face, neck, and ears as needed.	<input type="checkbox"/>	<input type="checkbox"/>
25. Dry hair with the towel or use a portable hair dryer on a low/warm setting away from water sources and according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
26. Comb hair appropriately. Remove the protective pillow cover. Replace with a cloth cover.	<input type="checkbox"/>	<input type="checkbox"/>
27. Lower the bed to a comfortable working position.	<input type="checkbox"/>	<input type="checkbox"/>
28. Replace the bedding and remove the bath blanket.	<input type="checkbox"/>	<input type="checkbox"/>
29. Help the patient assume a comfortable position. Use proper body mechanics and assistance devices according to facility policy. Lower the bed to the lowest horizontal position. Leave the call bell within reach.	<input type="checkbox"/>	<input type="checkbox"/>
30. Allow the patient to rest undisturbed. The length of this procedure may tire the patient.	<input type="checkbox"/>	<input type="checkbox"/>
31. Empty the water from the collection basin and clean and disinfect reusable equipment according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
32. Perform hand hygiene after completing care.	<input type="checkbox"/>	<input type="checkbox"/>