

Checklist: Shaving Face with Electric or Disposable Razor

Shaving Face with Electric or Disposable Razor	Able to Perform	Unable to Perform
1. Perform hand hygiene and identify the patient according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
2. Provide privacy and explain the procedure before beginning.	<input type="checkbox"/>	<input type="checkbox"/>
3. Assemble equipment: <ul style="list-style-type: none"> – Disposable gloves – Facility-approved electric shaver or safety razor (use an electric razor when required by facility policy or patient condition) – Shaving cream or gel or pre-shave lotion (for electric razor) – Basin of water (105°F) – Face towels – Mirror – Washcloth – Aftershave lotion – Plastic bag – Facial tissues 	<input type="checkbox"/>	<input type="checkbox"/>
4. Raise the head of the bed. Place equipment on the overbed table.	<input type="checkbox"/>	<input type="checkbox"/>
5. Put on gloves.	<input type="checkbox"/>	<input type="checkbox"/>
6. Place one face towel across the patient's chest and one under patient's head.	<input type="checkbox"/>	<input type="checkbox"/>
7. Observe the skin for redness, irritation, cuts, lesions, or abnormalities and report concerns according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
8. Moisten face and apply shaving cream or gel (or pre-shave lotion).	<input type="checkbox"/>	<input type="checkbox"/>
9. Starting in front of one ear: <ol style="list-style-type: none"> a. Hold skin taut and bring razor down over cheek toward chin (Figure 25-13). b. Repeat until shaving cream or gel on cheek is removed and area has been shaved. Rinse frequently. c. Repeat on the other cheek. d. Use firm, short strokes. Shave in the direction of hair growth. e. Rinse razor frequently. 	<input type="checkbox"/>	<input type="checkbox"/>
10. Ask the patient to tighten patient's upper lip. Shave from the nose to the upper lip in short downward strokes.	<input type="checkbox"/>	<input type="checkbox"/>
11. Ask the patient to tighten patient's chin. Shave the chin in downward strokes.	<input type="checkbox"/>	<input type="checkbox"/>
12. Assist the patient to tip patient's head back.	<input type="checkbox"/>	<input type="checkbox"/>
13. Shaving cream or gel the neck area and stroke up toward the chin. Rinse and repeat until all shaving cream or gel is removed.	<input type="checkbox"/>	<input type="checkbox"/>
14. Wash the patient's face and neck and dry thoroughly.	<input type="checkbox"/>	<input type="checkbox"/>
15. Apply aftershave lotion if desired and tolerated	<input type="checkbox"/>	<input type="checkbox"/>
16. If the skin is nicked, apply a small piece of tissue and hold pressure directly over the area with your gloved hand. Then apply an antiseptic and bandage. Notify the nurse.	<input type="checkbox"/>	<input type="checkbox"/>
17. Clean and replace equipment. Discard disposable razor in the sharps container. Remove the head of electric razor. Use a razor brush to remove clippings. Store the razor in the top drawer of the nightstand, away from the toothbrush. Dispose of single-use supplies and clean reusable equipment according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
18. Remove and discard gloves.	<input type="checkbox"/>	<input type="checkbox"/>

19. Perform hand hygiene after completing care.

