

Checklist: Transferring a Patient from Bed to Wheelchair

Transferring a Patient from Bed to Wheelchair	Able to Perform	Unable to Perform
1. Perform hand hygiene before patient contact.	<input type="checkbox"/>	<input type="checkbox"/>
2. Review the patient's care plan, mobility status, weight-bearing restrictions, and transfer assistance requirements.	<input type="checkbox"/>	<input type="checkbox"/>
3. Gather necessary equipment, including a wheelchair, gait belt, and assistive devices if needed.	<input type="checkbox"/>	<input type="checkbox"/>
4. Identify the patient using facility-approved identification procedures.	<input type="checkbox"/>	<input type="checkbox"/>
5. Explain the transfer procedure to the patient and encourage participation.	<input type="checkbox"/>	<input type="checkbox"/>
6. Provide privacy and ensure the patient is wearing non-slip footwear.	<input type="checkbox"/>	<input type="checkbox"/>
7. Inspect the wheelchair for safety and proper functioning.	<input type="checkbox"/>	<input type="checkbox"/>
8. Position the wheelchair on the patient's stronger side if applicable.	<input type="checkbox"/>	<input type="checkbox"/>
9. Place the wheelchair at approximately a 45-degree angle next to the bed.	<input type="checkbox"/>	<input type="checkbox"/>
10. Lock the wheelchair brakes before beginning the transfer.	<input type="checkbox"/>	<input type="checkbox"/>
11. Move footrests out of the way or remove them if possible.	<input type="checkbox"/>	<input type="checkbox"/>
12. Raise the bed to a safe working height and lower the side rail on the transfer side.	<input type="checkbox"/>	<input type="checkbox"/>
13. Assist the patient into a sitting position at the side of the bed.	<input type="checkbox"/>	<input type="checkbox"/>
14. Allow the patient to sit for a moment to assess for dizziness or weakness.	<input type="checkbox"/>	<input type="checkbox"/>
15. Apply a gait belt securely around the patient's waist according to facility policy.	<input type="checkbox"/>	<input type="checkbox"/>
16. Position your feet shoulder-width apart and use proper body mechanics.	<input type="checkbox"/>	<input type="checkbox"/>
17. Instruct the patient to place hands on the bed surface when preparing to stand. Do not allow pulling on the caregiver.	<input type="checkbox"/>	<input type="checkbox"/>
18. Grasp the gait belt securely from underneath at the sides or back.	<input type="checkbox"/>	<input type="checkbox"/>
19. On a coordinated count, assist the patient to stand.	<input type="checkbox"/>	<input type="checkbox"/>
20. Pause briefly once standing to ensure balance and stability.	<input type="checkbox"/>	<input type="checkbox"/>
21. Pivot with the patient toward the wheelchair. Do not twist your back.	<input type="checkbox"/>	<input type="checkbox"/>
22. Instruct the patient to reach back for the wheelchair armrests before sitting.	<input type="checkbox"/>	<input type="checkbox"/>
23. Lower the patient slowly and safely into the wheelchair using proper body mechanics.	<input type="checkbox"/>	<input type="checkbox"/>
24. Ensure the patient's hips are positioned fully back in the wheelchair seat.	<input type="checkbox"/>	<input type="checkbox"/>
25. Position the patient in proper body alignment with feet supported on footrests.	<input type="checkbox"/>	<input type="checkbox"/>
26. Remove the gait belt if appropriate after the transfer is complete.	<input type="checkbox"/>	<input type="checkbox"/>
27. Ensure the patient is comfortable and that personal items and call light are within reach.	<input type="checkbox"/>	<input type="checkbox"/>
28. Unlock the wheelchair brakes only when ready to move the patient.	<input type="checkbox"/>	<input type="checkbox"/>
29. Perform hand hygiene after completing the procedure.	<input type="checkbox"/>	<input type="checkbox"/>
30. Document the transfer, level of assistance provided, use of assistive devices, and patient tolerance	<input type="checkbox"/>	<input type="checkbox"/>

according to facility policy.

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