

Skills Checklist: Collecting Clean-Catch Urine Specimen

Nursing Assistant's Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Assemble equipment: – Disposable gloves – Small plastic bag – Sterile specimen container and cover – Label for container, with: – Patient's full name – Room number – Facility identification – Date and time of collection – Physician's name – Type of specimen test to be performed – Any other information requested – Gauze squares or cotton – Antiseptic solution – Laboratory requisition slip, properly filled out – Biohazardous specimen transport bag			
Feedback			
Wash your hands and put on disposable gloves			
Feedback			
Wash the patient's genital area properly or instruct the patient to do so. Provide perineal care if the person has been incontinent a. For female patients: i. Using the gauze or cotton and the antiseptic solution, cleanse the outer folds of the vulva (folds are also called labia or lips) from front to			

<p>back. Use a separate cotton/gauze square for each side. Discard the used gauze/cotton in the plastic bag</p> <p>ii. Cleanse the inner folds of the vulva with two pieces of gauze and antiseptic solution, again from front to back. Discard the used gauze/cotton in the plastic bag</p> <p>iii. Cleanse middle, innermost area (meatus or urinary opening) in the same manner. Discard the used gauze/cotton in the plastic bag</p> <p>iv. Keep the labia separated so that the folds do not fall back and cover the meatus</p> <p>b. For male patients:</p> <p>i. Using the gauze or cotton and the antiseptic solution, cleanse the tip of the penis. Work downward in a circular motion. Wash the remainder of the penis using downward strokes.</p> <p>ii. Discard used gauze/cotton in the plastic bag</p>			
<p style="text-align: center;">Feedback</p>			
<p>Open container. Place the cap on the counter with the clean inside facing up. Do not touch the inside of the cup or lid with your hands</p>			
<p style="text-align: center;">Feedback</p>			
<p>Instruct the patient to void, allowing the first part of the urine to escape</p> <p>Then:</p> <p>a. Catch the urine stream that follows in the sterile specimen container</p> <p>b. Allow the last portion of the urine stream to escape</p>			
<p style="text-align: center;">Feedback</p>			
<p>Place sterile cap on urine container immediately to prevent contamination</p>			

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of the urine specimen			
Feedback			
Allow the patient to wash hands			
Feedback			
With cap securely tightened, wash the outside of the specimen container. Dry the container			
Feedback			
Remove and dispose of your gloves according to facility policy			
Feedback			
Wash your hands			
Feedback			
Attach a completed label to the container and place the specimen in the transport bag			
Feedback			
Carry out ending procedure actions			
Feedback			
Follow facility policy for transporting the specimen to the laboratory			
Feedback			

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