

Skills Checklist: Collecting Routine Urine Specimen

Nursing Assistant's Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Assemble equipment: – Disposable gloves – Bedpan/Urinal with cover – Bed protector – Toilet tissue – Small plastic bag – Specimen container and cover – Label, including: – Patient's full name – Room number – Facility identification – Date and time of collection – Physician's name – Examination to be done – Other information requested or required – Graduated pitcher – Laboratory requisition slip, properly filled out – Biohazardous specimen transport bag			
Feedback			
Completely fill out the label for the specimen container			
Feedback			
Wash your hands and put on gloves			
Feedback			
If the patient cannot ambulate, offer the bedpan or urinal. – Instruct the patient not to discard toilet tissue in the pan with the urine.			

<p>Provide a small plastic bag in which to place the soiled tissue.</p> <p>–After the patient has voided, cover the pan and place it on the bed protector on the chair.</p> <p>–Remove your gloves and dispose of them properly. Offer wash water to the patient. (Leave gloves on and use standard precautions if you will be assisting with perineal care.)</p>			
Feedback			
<p>If the patient can ambulate to the bathroom, place a specimen collector in the toilet.</p> <p>–Assist the patient to the bathroom. Ask the patient to void into the specimen collector. Remind the patient to discard soiled toilet tissue in the plastic bag provided. Do not place tissue in the collector</p>			
Feedback			
<p>Remove your gloves and dispose of them properly</p>			
Feedback			
<p>Provide privacy</p>			
Feedback			
<p>Wash your hands and put on fresh gloves. Remove the specimen collector from the toilet. If the patient is on I&O, note the amount of urine (Figure 45-8A). If the patient uses a bedpan, pour the urine into a graduated container to measure it. Note the amount. Remove your gloves and discard them according to facility policy. Wash your hands</p>			
Feedback			

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Remove cap from the specimen container, and place it (inside up) on a shelf or other flat surface in the bathroom or utility room. Place specimen container on a clean paper towel on the counter. Do not touch the inside of the cap or container			
Feedback			
Put on gloves. Hold the specimen container in one hand or leave it on the paper towel, and steady it with your other hand so it does not tip. Carefully pour about 120 mL of urine into the specimen container from the collector			
Feedback			
Remove and discard your gloves according to facility policy			
Feedback			
Wash your hands			
Feedback			
Place the cap on the specimen container. Do not contaminate the outside of the container. Attach the completed label to the container. Place the specimen container in a biohazardous specimen transport bag and attach a laboratory requisition slip			
Feedback			
Follow facility policy for transporting the specimen to the laboratory			
Feedback			
Carry out Last Steps			

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