

Skills Checklist: Donning & Doffing PPE

Procedure Steps	Performed	Did not Perform
Donning PPE		
Carry out Initial Steps		
Face back opening of gown. Do not shake the gown during unfolding. Place arms through each sleeve		
Overlap in back and tie neck and waist strings. Clothing, both front and back, is covered as completely as possible		
Put on mask, fit the mask over nose and chin		
Put on goggles/face shield, cover face and eyes		
Put on gloves, overlap sleeves of gown at the wrist		
Check gloves for rips and tears		
Doffing PPE		
Remove gloves: grasp the palm area of the other gloved hand, peel off first glove		
Hold removed glove in gloved hand		
Slide fingers of ungloved hand under remaining glove at wrist, peel off second glove over first glove, Discard in trash. Do not touch the outside of the gloves with bare hands at any time.		
Remove face shield from behind the head, discard		
Remove gown, unfasten ties at neck and waist		
Pull gown away from neck touching only inside of gown		
Turn gown inside out, roll away from uniform, discard. Make sure bare hands never touch the soiled surface of the gown.		
Remove mask using ties/elastic from behind the ears, discard		
Carries out Final Steps		