

Skills Checklist: Feeding a Dependent Resident

Nursing Assistant's Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
1 Carry out Initial Steps			
Feedback			
2 Looks at diet card and indicates that resident has received the correct tray			
Feedback			
3 Positions the resident in an upright position At least 45 degrees			
Feedback			
4 Provides hand hygiene for the resident BEFORE feeding			
Feedback			
5 Protects clothing from soiling by using a napkin, clothing protector or towel			
Feedback			
6 Places soiled linen in designated laundry hamper			
Feedback			
7 Remains at eye level or below while feeding resident			
Feedback			
8 Describes the foods being offered to the resident			
Feedback			
9 Offers fluid frequently from each glass			

Feedback			
10 Offers food in small amounts at a reasonable rate, allowing resident to chew and swallow			
Feedback			
11 Wipes resident's hands and face during meal as needed			
Feedback			
12 Leaves resident clean and in a position of comfort			
Feedback			
13 Records intake in percentage of total solid food eaten on the previously signed recording form			
Feedback			
14 Records intake of total fluid consumed in ml's on the previously signed recording form			
Feedback			
15 Candidate's recorded consumed food intake is within 25 percentage points of the RN Test Observer's recorded solid food consumed			
Feedback			
16 Candidate's recorded sum total of fluids consumed is within 45 ml's of the RN Test Observer's sum total of fluids consumed			
Feedback			
17 Carries out final steps			
Feedback			

POWERED BY
BRYAN UNIVERSITY

