

Skills Checklist: Foot & Toenail Care

Nursing Assistant's Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Assemble equipment: –Basin –Soap –Bath mat, if available –Bath thermometer, if used –Lotion –Nail brush –Disposable bed protector –Paper towels/towel –Bath towel and washcloth –Orangewood stick			
Feedback			
If permitted, assist the person out of bed and into chair			
Feedback			
Place bath mat, towel, bed protector, or paper towels on floor in front of the person. Fill basin with warm water (105°F). Put basin on barrier			
Feedback			
Remove slippers and allow the person to place feet in water. Cover with bath towel to help retain heat			
Feedback			
Soak feet approximately 10 minutes. Add warm water as necessary. Lift feet from water while warm water is being added			
Feedback			

At end of soak period, wash feet with soap			
Feedback			
Rinse and pat dry. Note any abnormalities such as corns or calluses			
Feedback			
Remove basin, covering feet with towel			
Feedback			
Use orangewood stick to gently clean toenails. If nails are long and need to be cut, inform the nurse. Follow facility policy			
Feedback			
Pour lotion into palms of hands. Hold hands together to warm lotion and apply gently to feet. Do not apply lotion between toes. Wipe off excess lotion using a towel			
Feedback			
Assist the person with socks or stockings and shoes if ambulatory. Otherwise, return the person to bed			
Feedback			
Make the person comfortable			
Feedback			
Gather equipment, clean, and store according to facility policy. Leave unit neat			
Feedback			
Carry out last procedure			

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Feedback

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