

## Skills Checklist: Handwashing

**Nursing Assistant's Name:** \_\_\_\_\_

**Reviewer Name:** \_\_\_\_\_

**Commented [1]:** @sam.hernandez@bryanuniversity.edu I noticed that in-between sentences, you left off a period. Please include periods in-between sentences; you can leave them off at the ends of the steps. Also, remove extraneous words. For example: Instead of "Turn on the water using a paper towel", say: "Turn on water using paper towel". This one is ready to go. Please review and adjust the other checklists, as needed.

| Procedure Steps  | Performed | Performed, but needs improvement | Did not Perform |
|--|-----------|----------------------------------|-----------------|
| Ensure adequate supply of soap and paper towels. Ensure waste container lined with a plastic bag is available near the sink  |           |                                  |                 |
| Feedback   |           |                                  |                 |
| Remove all rings and jewelry, if possible, or wash well underneath. Remove watch or push up over wrist, if applicable  |           |                                  |                 |
| Feedback   |           |                                  |                 |
| Turn on water using paper towel, if preferred or facility's policy, and adjust to a warm temperature. Drop paper towel in waste container, if applicable   |           |                                  |                 |
| Feedback   |           |                                  |                 |
| Stand back from sink to avoid contact with uniform. Wet hands thoroughly with fingertips pointing down   |           |                                  |                 |
| Feedback   |           |                                  |                 |
| Apply soap and create a good lather over hands and wrists. Interlace your fingers to clean between them and under rings, if applicable. Scrub all areas including knuckles and around the wrists |           |                                  |                 |
| Feedback   |           |                                  |                 |
| Clean under fingernails by rubbing them against the opposite palm to work soap underneath. Clean with an orangewood stick or nail brush, if needed   |           |                                  |                 |

|   |  |  |  |
|---|--|--|--|
| Feedback  |  |  |  |
| Rinse hands with fingertips pointed down. Do not shake water from hands   |  |  |  |
| Feedback  |  |  |  |
| Dry your hands completely by patting them with paper towels, and discard the towels without touching the waste receptacle |  |  |  |
| Feedback  |  |  |  |
| If necessary, turn off the water using a clean, dry paper towel. Drop the towel in waste receptacle                       |  |  |  |
| Feedback  |  |  |  |