

Skills Checklist: Resident positions, Bed cradle, float heels

Nursing Assistant's Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Supine: Lay patient flat in the bed, face and torso facing up			
Feedback			
Fowlers: The HOB elevated between 45° and 60°			
Feedback			
Semi Fowlers: The HOB elevated between 30° and 45°			
Feedback			
High Fowler's: The HOB elevated between 60° and 90°			
Feedback			
Bed cradle: Place foot cradle to foot of bed			
Prevents the weight of the bedclothes from falling on a specific part of the body.			
Feedback			
Float Heels: Eliminates all pressure from the heels			
Feedback			
Carries out final steps			
Feedback			