

Caregiver Training Institute Nursing Assistant Lab Skills Checklist

Student Name _____

Course Number # _____

PLEASE PRINT

Instructor Name _____

Course Start Date: _____

Facility _____

Lab: The skills must be demonstrated with hands-on in-person activities under the supervision of Board-approved faculty.

Lab Skills	Full Date Demonstrated in Lab	Full Date Return Demonstrated in Lab	Initials of Board Approved Nurse Evaluator
Infection Prevention and Standard or Transmission Based Precautions:			
1-Wash hands			
2-Hand hygiene			
3-Make an occupied bed			
4-Make an unoccupied bed			
5-Put on and remove PPE: gloves			
6-Put on and remove PPE: gown			
7-Put on and remove PPE: mask			
8- Put on and remove PPE: face shield/goggles			
9-Handle and dispose of hazardous waste			
10-Collect a urine specimen			
11-Collect a stool specimen			
Safety/Emergency Procedures:			
12-Ambulate using a gait belt			
13-Ambulate with a walker			
14-Demonstrate proper positioning/turning/alignment techniques for a person in bed – supine, lateral, Semi Fowler’s and Fowler’s positions			
15-Demonstrate proper positioning/alignment techniques for a person in a chair			
16-Demonstrate proper positioning/alignment techniques for a person in a wheelchair			
17-Transfer a person from bed to wheelchair			
18-Transfer a person from wheelchair to bed			
19-Turn oxygen on and off at pre-established flow rate			
20-Use safe transfer and handling techniques with lift equipment			

Lab Skills

	Full Date Demonstrated in Lab	Full Date Return Demonstrated in Lab	Initials of Board Approved Nurse Evaluator
Personal Care:			
21-Apply anti-embolism elastic stockings			
22-Dress/undress			
23-Give a bed bath			
24-Provide denture care			
25-Provide fingernail care			
26-Provide foot care			
27-Provide oral care			
28-Provide oral care for non-responsive person			
29-Provide perineal/incontinence care			
Nutrition and Hydration:			
30-Assist with eating/hydration			
31-Measure and record intake: food			
32- Measure and record intake: fluids			
Elimination:			
33-Assist with the use of a fracture pan/bedpan			
34-Measure and record output from a bedpan			
35-Change disposable brief			
36-Apply topical barrier creams and ointments			
37-Change from urinary drainage bag to a leg bag & reverse			
38-Empty urinary drainage bag			
39-Measure & record output from urinary drainage bag			
40-Provide catheter care			
41-Clean ostomy site for established non-acute ostomy			
42-Empty/change ostomy bag			
Restorative Care:			
43-Apply, remove, turn on & off, sequential compression devices			
44-Apply warm/cold therapy			
45-Assist with lower extremity range of motion			
46-Assist with upper extremity range of motion			
47-Reinforce use of an incentive spirometer and/or coughing and deep breathing			
Technical Skills:			
48-Empty, measure, and record output from drainage devices and closed drainage systems			
49-Perform fingerstick capillary blood glucose test			
50-Collect nasal swab specimen			
51-Change a suction canister			

Lab Skills

	Full Date Demonstrated in Lab	Full Date Return Demonstrated in Lab	Initials of Board Approved Nurse Evaluator
Measure and Record:			
52-Pain level			
53-Temperature (oral, temporal, infra-red, axillary)			
54-Apical pulse			
55-Radial pulse			
56-Respirations			
57-Pulse oximetry			
58-Manual blood pressure (upper arm)			
59-Orthostatic blood pressure			
60-Measure and record height			
61-Measure and record weight			
Instructor Comments:			

Signature of Student _____ Date _____

Signature of Instructor _____ Initials _____ Date _____

Signature of Instructor _____ Initials _____ Date _____

Signature of Instructor _____ Initials _____ Date _____

Signature of Instructor _____ Initials _____ Date _____

Signature of Program Director _____ Initials _____ Date _____