

## Skills Checklist: Perineal Care for a Female

**Nursing Assistant's Name:**

**Reviewer Name:**

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Removes covers from resident			
Feedback			
Fills basin with comfortably warm water			
Feedback			
Raises the bed to a comfortable working height			
Feedback			
<b>Directs RN Test Observer to stand on the opposite side of the bed to provide for safety</b>			
Feedback			
Turns resident toward RN Test Observer or raises resident's hips and places waterproof pad under buttocks			
Feedback			
Puts on gloves			
Feedback			
Lifts resident's gown to expose perineum only			
Feedback			
Separates labia			
Feedback			
Uses water and a soapy washcloth			

Feedback			
<b>Cleans one side of labia from top to bottom</b>			
Feedback			
Using a clean portion of the washcloth, cleans other side of labia from top to bottom			
Feedback			
Using a clean portion of the washcloth, cleans the vaginal area from top to bottom			
Feedback			
Using a clean washcloth, rinses one side of labia from top to bottom			
Feedback			
Using a clean portion of the washcloth, rinses the other side of labia from top to bottom			
Feedback			
Using a clean portion of the washcloth, rinses the vaginal area from top to bottom			
Feedback			
Dries the area			
Feedback			
Covers the exposed area with the resident's gown			
Feedback			
Assists resident to turn onto side away from the candidate			

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Feedback			
With a clean washcloth, water and soap, cleans the rectal area			
Feedback			
<b>Cleans area from vagina to rectal area</b>			
Feedback			
Uses a clean portion of the washcloth with any stroke			
Feedback			
Using a clean portion of the washcloth, rinses the rectal area from vagina to rectal area			
Feedback			
Dries area			
Feedback			
<b>Turns resident toward RN Test Observer or raises hips and removes waterproof pad from under buttocks</b>			
Feedback			
Positions resident (manikin) on her back			
Feedback			
Places soiled linen in designated laundry hamper			
Feedback			
Lowers bed			
Feedback			
Empties, rinses and dries (with a			

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clean, dry paper towel) equipment			
Feedback			
Returns equipment to storage			
Feedback			
Removes gloves turning inside out and disposes of gloves in the designated container (trash can)			
Feedback			
Carries out final steps			
Feedback			

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