

9.) PERINEAL CARE FOR A MALE CLIENT AND CHANGE THEIR SOILED BRIEF WITH HAND WASHING

(ONE OF THE POSSIBLE MANDATORY FIRST TASKS) [DEMONSTRATED ON A MANIKIN]

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub your hands together until they are completely dry.	
	Explain the procedure to the client (manikin).	
	Provide privacy - pull the curtain.	
	Obtain a new brief.	
	Fill a basin with comfortably warm water.	
	Raise the bed to a comfortable working height.	
	Put on gloves.	
	Remove covers from the client.	
	Make sure the client is comfortably positioned on their back.	
	Lift the client's gown to expose the perineum only.	
	Gently grasp the penis.	
	Use water and a clean, soapy washcloth.	
	Use a clean portion of a washcloth, and clean the tip of the penis, starting at the urethral opening and working away with a circular motion toward the body.	
	Use a clean portion of a washcloth, and clean the shaft of the penis with a firm motion toward the body.	
	Use a clean portion of a washcloth, and clean the scrotum.	
	Use a clean washcloth to rinse.	
	Use a clean portion of a washcloth for each stroke, and rinse the penis.	
	Use a clean portion of a washcloth for each stroke, and rinse the scrotum.	
	Pat dry.	
	Assist the client (manikin) to turn onto their side.	
	Use water and a clean, soapy washcloth.	
	Clean from the scrotum to the rectal area.	
	Use a clean portion of a washcloth for any cleaning stroke(s).	
	Use a clean portion of a washcloth for each stroke, and rinse from the scrotum to the rectal area.	
	Pat dry.	
	Roll the front of the soiled brief, tucking it under the scrotum.	

Dispose of the soiled brief by placing the brief in the trash can.	-Continued on next page-
Apply the brief.	
Position the client (manikin) on their back.	
Place the soiled linen in a designated laundry hamper.	
Lower bed.	
Rinse the basin.	
Return the basin to storage.	
Maintain respectful, courteous interpersonal interactions at all times.	
Leave the call light or signaling device within easy reach of the client.	
Wash hands- turn on water.	
Begin by thoroughly wetting hands.	
Apply soap to hands.	
Rub hands together for 20 seconds using friction with soap.	
Wash all surfaces of your hands with soap.	
Wash all surfaces of the wrists with soap.	
Clean under fingernails with soap.	
Using friction, rub interlaced fingers together while pointing downward with soap.	
Rinse hands thoroughly under running water with fingers pointed downward.	
Dry hands with a clean paper towel(s).	
Turn off the faucet with a paper towel.	
Discard paper towels in the trash container as used.	
Do not re-contaminate hands at any time during the hand-washing procedure. (NOTE: These include touching the sides of the sink or faucet during the procedure, crumpling up the paper towel used to turn off the faucet with both hands before discarding, etc.)	