

Skills Checklist: Shaving Male Patient

Nursing Assistant's Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Assemble equipment: – Disposable gloves – Electric shaver or safety razor – Shaving lather or pre shave lotion (for electric razor) – Basin of water (105°F) – Face towels – Mirror – Washcloth – Aftershave lotion – Plastic bag – Facial tissues			
Feedback			
Raise the head of the bed. Place equipment on the overbed table			
Feedback			
Put on gloves			
Feedback			
Place one face towel across the patient's chest and one under his head			
Feedback			
Moisten face and apply lather (or pre shave lotion)			
Feedback			
Starting in front of one ear: a. Hold skin taut and bring razor down over cheek toward chin			

b.Repeat until lather on cheek is removed and area has been shaved. Rinse frequently c.Repeat on the other cheek d.Use firm, short strokes. Shave in the direction of hair growth e.Rinse razor frequently			
Feedback			
Ask the patient to tighten his upper lip. Shave from the nose to the upper lip in short downward strokes			
Feedback			
Ask the patient to tighten his chin. Shave the chin in downward strokes			
Feedback			
Assist the patient to tip his head back			
Feedback			
Lather the neck area and stroke up toward the chin. Rinse and repeat until all lather is removed			
Feedback			
Wash the patient's face and neck and dry thoroughly			
Feedback			
Apply aftershave lotion if desired			
Feedback			
If the skin is nicked, apply a small piece of tissue and hold pressure directly over the area with your gloved hand. Then apply an antiseptic and bandage. Notify the nurse			
Feedback			

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Clean and replace equipment. Discard disposable razor in the sharps container. Remove the head of electric razor. Use a razor brush to remove clippings. Store the razor in the top drawer of the nightstand, away from the toothbrush			
Feedback			
Remove and discard gloves			
Feedback			
Carry out last procedure			
Feedback			

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