

## 13.) TRANSFER A CLIENT FROM A WHEELCHAIR TO THEIR BED USING A GAIT BELT

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub your hands together until they are completely dry.	
	Explain the procedure to the client.	
	Position the wheelchair at the foot or head of the bed with the arm of the wheelchair almost touching the bed.	
	<b>Ensure the client's safety by locking the wheelchair brakes.</b>	
	<b>Ensure the client's safety by locking the bed brakes.</b>	
	Place a gait belt around the client's waist to stabilize the trunk.	
	Check the gait belt for fit by sliding fingers under the belt to determine if it is snug but not too tight.	
	Ensure the client's feet are flat on the floor.	
	Assist the client to a standing position, using an underhand grip on the gait belt.	
	Assist the client to a standing position using proper body mechanics.	
	Transfers the client from the wheelchair to the bed by assisting the client to pivot and sit on the bed in a controlled manner that ensures safety.	
	Remove the gait belt.	
	Remove the client's shoes.	
	Assist the client to lie down in the center of the bed.	
	Make sure the client is comfortable and in good body alignment.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub your hands together until they are completely dry.	