

Skills Checklist: Vital Signs – Count and Record your Resident’s Radial Pulse and Respirations and then Pivot-Transfer your Weight Bearing, Non-Ambulatory Resident from their Wheelchair to their Bed using a Gait Belt

Nursing Assistant’s Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Locates the radial pulse by placing tips of fingers on thumb side of the resident's wrist			
Feedback			
Counts pulse for 60 seconds or 30x2			
Feedback			
Records pulse rate on the previously signed recording form			
Feedback			
Candidate's recorded pulse rate is within 4 beats of RN Test Observer’s recorded pulse rate			
Feedback			
Counts respirations for 60 seconds or 30x2			
Feedback			
Records respirations on the previously signed recording form			
Feedback			
Candidate's recorded respiratory rate is within 2 breaths of the RN Test Observer’s recorded respiratory rate			
Feedback			

Positions wheelchair at foot or head of bed			
Feedback			
Adjust bed so that resident's feet will be comfortably flat on the floor when sitting on the bed			
Feedback			
Locks wheelchair and bed brakes to ensure resident's safety			
Feedback			
Places gait belt around the resident, below the rib cage and above their waist, to stabilize trunk			
Feedback			
Tightens gait belt so that fingers of candidate's hand can be comfortably slipped between gait belt and resident			
Feedback			
Grasps the gait belt with both hands to stabilize the resident			
Feedback			
Brings resident to standing position using proper body mechanics			
Feedback			
Does not attempt to ambulate resident			
Feedback			
Assists resident to pivot and sit on bed in a controlled manner			
Feedback			

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Removes gait belt			
Feedback			
Assists resident in removing non-skid slippers			
Feedback			
Assists resident to move to center of bed, supporting extremities as necessary			
Feedback			
Makes sure resident is comfortable and in good body alignment			
Feedback			
Carries out final steps			
Feedback			

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