

Skills Checklist: Vital Signs: Taking and Recording Resident's Manual Blood Pressure

Nursing Assistant's Name:

Reviewer Name:

Procedure Steps	Performed	Performed, but needs improvement	Did not Perform
Carry out Initial Steps			
Feedback			
Assists resident into a comfortable sitting or recumbent position with forearm relaxed and supported in a palm-up position			
Feedback			
Rolls resident's sleeve up about 5 inches above the elbow			
Feedback			
Applies the cuff around the upper arm just above the elbow and lines cuff arrows up with brachial artery			
Feedback			
Cleans earpieces of stethoscope appropriately and places in ears			
Feedback			
Cleans diaphragm of the stethoscope			
Feedback			
Places stethoscope over brachial artery			
Feedback			
Holds stethoscope snugly in place			
Feedback			
Inflates cuff to 30mm HG above RN Test Observer provided loss of pulse			

number			
Feedback			
Slowly releases air from cuff to disappearance of pulsations			
Feedback			
Removes cuff			
Feedback			
Candidate will only be allowed 1 attempt per arm			
Feedback			
Records reading on the previously signed recording form			
Feedback			
Candidate's recorded systolic blood pressure is within 6mmHg of the RN Test Observer's recorded systolic reading			
Feedback			
Candidate's recorded diastolic blood pressure is within 8mmHg of the RN Test Observer's recorded diastolic reading			
Feedback			
Carries out final steps			
Feedback			

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