

14.) VITAL SIGNS: TAKE AND RECORD A CLIENT'S BLOOD PRESSURE AND PULSE OXIMETRY

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub your hands together until they are completely dry.	
	Explain the procedure to the client.	
	Position the client with a relaxed forearm and supported in a palm-up position.	
	Position the client with the forearm approximately at the level of the heart.	
	Roll the client's sleeve up about 5 inches above the elbow.	
	Apply the appropriate size cuff around the upper arm just above the elbow.	
	Correctly align the cuff over the brachial artery.	
	Clean the earpieces of the stethoscope appropriately and place them in your ears.	
	Clean the diaphragm.	
	Place the stethoscope over the brachial artery.	
	Hold the stethoscope snugly in place.	
	Inflate the cuff to 160-180 mmHg.	
	Slowly release air from the cuff until the disappearance of pulsations.	
	Remove the cuff.	
	Record the blood pressure reading on the recording form.	
	The candidate's recorded diastolic and systolic readings must be within 6mmHG of the RN Test Observer's recorded diastolic and systolic readings.	
	Obtains the pulse oximeter.	
	Properly place the pulse oximeter on the client's finger.	
	Turn on the pulse oximeter and leave it in place while the client's oxygen level reading is being taken.	
	Record the pulse oximetry reading on the recording form.	
	The candidate's recorded pulse oximetry reading must be within one percentage point of the RN Test Observer's recorded pulse oximetry reading.	
	Remove the pulse oximeter from the client's finger.	
	Maintain respectful, courteous interpersonal interactions at all times.	

-Continued on next page-

Oregon Mock Skills

	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub your hands together until they are completely dry.	